

## Module S12 Quiz: Labor, Delivery, and Birth

**Question 1: What are at least two signs of labor?**


**Question 2: Explain in your own words how birth happens.**


**Question 3: Discuss why breast feeding is very healthy for an infant when possible.**


**Question 4: Describe one of the challenges or variations of birth and pregnancy that we discussed.**


**Question 5: What will you remember most from this lesson?**


**Module S12 Quiz Answer Key**

<b>Question 1:</b>
Contractions begin, water may break, mucus plug is released, cervix begins to open
<b>Question 2:</b>
Contractions pull open the cervix to ten centimeters. The baby is usually headfirst moving out of the uterus and into the vagina. When the baby is ready to be born, the mother or birthing person pushes the baby out of the vagina. The baby is still attached to the umbilical cord, which is cut after birth. The baby is put on the mother's chest for bonding and closeness. The placenta is delivered. The baby can begin breast-feeding within an hour of being born.
Accept all relevant student explanations.
<b>Question 3:</b>
ing helps with immunity (health) for the baby because it has natural antibodies. It helps start the digestive system for the baby. It helps with parent/infant bonding. It is inexpensive, and the nursing parent usually can make as much milk as the baby will need. It may provide natural child spacing by delaying the return of ovulation.
Accept all relevant student explanations.
<b>Question 4:</b>
Twins/multiples, cesarean birth, breech birth, miscarriage, baby comes early (premature), infertility, foster care/adoption
Accept all relevant student ideas and explanations.
<b>Question 5:</b>
Accept all relevant student explanations.